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Evolution is a Swedish company founded in 2006 and listed on Nasdaq Nordic (EVO). Evolution Americas was established in 2024 with our debut studio in Atlantic City, New Jersey. Thousands of EVolutioneers work across the country to develop and maintain our online gaming products.

Main USA page - Evolution Careers : usa

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The company was founded by Richard Hadida, Jens von Bahr and Fredrik Osterberg in 2006 and is headquartered in Stockholm, Sweden.

Evolution Gaming Group AB | Company Overview & News - Forbes

forbes : companies : evolution-gaming-group-ab

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older (or sidewalks). Be sure to follow safety precautions for running outside,

run in traffic; avoid running on sidewalks, stairs, or uneven surfaces. Running outdoors, such as in a park or on a trail, can be fun and healthy. However, it's important to take safety precautions to avoid injury. These include:

Run in traffic: Always run in the direction of traffic, not against it. This makes it easier for drivers to see you and gives you more control over your direction.

Avoid sidewalks: Sidewalks are often crowded with pedestrians and parked cars. Running on sidewalks can be dangerous for both you and others.

Stairs: Running on stairs is a high-risk activity. If you must run on stairs, take them one step at a time and avoid talking or using a phone.

Uneven surfaces: Avoid running on uneven surfaces like gravel, rocks, or uneven pavement. These surfaces can cause tripping and falls.

Trail running: If you run on trails, be sure to wear appropriate shoes and clothing for the terrain. Also, avoid running on steep or slippery slopes.

Warm-up: Always warm up before running outdoors to prevent injury.

Hydration: Stay hydrated before, during, and after your run.

Listen to your body: Stop running if you feel pain or discomfort.

Conclusion: Running outdoors can be a great way to stay active and healthy. By following these safety precautions, you can enjoy the benefits of outdoor running while minimizing the risk of injury.