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[Nightmare City](#) got there first. Nightmare City is the first real fast zombie movie and came many years before the likes of 28 Days Later. 28 Days Later and Return Of The Living Dead have both been cited as the start of the fast zombie genre, but 1980's [Nightmare City](#) is the first real fast zombie movie and came many years before the likes of 28 Days Later.

[Nightmare City Is The First 'Fast Zombie' Movie \(Before 28 Days ...\)](#)