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div><div><div>For kids over the age of 6, the American Academy of
Pediatrics says no more than 60 minutes on school days and 2 hours on non-schoo
l days. Kids under 6 should spend closer to 30 minutes.

It's also appropriate for parents to know and approve the games their kids
are playing. Avoid any games with graphic violence or sex.</div></div&g

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"padding-bottom:12px;padding-top:0px"><div><div><div

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old, experts recommend that parents think about how much their child uses any m
edia. This includes playing video games on gaming consoles, tablets, or smartpho

nes. Using media should not take the place of getting enough sleep or being phys
ically active.</div></div></div></div></div><di

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cQFnoECAEQDQ" href="{href}"><div>

;Kids and Video Games (for Parents) - Nemours KidsHealth</div>

<div>kidshealth : parents : good-gaming</di

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