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Our sympathetic nervous system responds to the threat and throws us in to the "fight or flight" response. This results in physiological responses like increased heart rate and muscle contracting. Horror movies are designed to throw us into fight or flight mode and elicit emotions like fear and stress.

5 Tips to Calm Down if a Horror Movie Triggers Your Anxiety - CNET

health : mental : 5-tips-to-calm-down-if-a-horror-movie-....

span5 Most Threatening Zombies In Movies - Game Rant

gamerant : most-threatening-zombies-movies

As the producer and writer Jordan Peele says, what Candyman wants more than anything is to be eternal, and he achieves this through killing his victims and being ingrained in the psyche of those who believe in him. After Burke's encounter with Candyman, the film fast forwards 42 years to 2024.